

CONSTITUTION
OF THE
NEWFOUNDLAND AND LABRADOR MASSAGE THERAPISTS' ASSOCIATION INC.
November, 2016

Constitution

of the

NEWFOUNDLAND AND LABRADOR MASSAGE THERAPISTS' ASSOCIATION INC.

Article 1. **NAME**

The name of this association shall be Newfoundland and Labrador Massage Therapists' Association Inc. with its head office in St. John's NL

Article 11. **INTERPRETATION**

Sect. 1 "Association" shall mean Newfoundland and Labrador Massage Therapists' Association Inc.

Sect. 2 "Member" shall mean any person who qualifies and is accepted for membership in the Association under ARTICLE 1 of the By-laws of the Association.

Sect. 3 "Executive" shall mean the persons selected to serve on the Executive Committee defined in ARTICLE VII of the By-laws.

Sect. 4 "Constitution" shall mean this constitution, which includes the accompanying By-laws.

ARTICLE 111. **DEFINITION OF MASSAGE THERAPY**

The practice of massage therapy is the assessment of the soft tissue and joints of the body and the treatment and prevention of physical dysfunction and pain of the soft tissue and joints by manipulation to develop, maintain, rehabilitate or augment physical function, or relieve pain.

- a) Various techniques of massage and manipulation of soft tissue of the body.

- b) Hydrotherapy or the application of water in all its forms.

- c) Actinotherapy or the application of light rays.
- d) Thermotherapy or the application of heat and cold.
- e) Remedial exercises.
- f) The use of vibrating and/or oscillating machines.
- g) The use of electro modalities where training and qualification standards, as adopted and approved by the CMTNL, have been met.

ARTICLE IV. **PURPOSE OF THE ASSOCIATION**

- a) To promote the science, art and philosophy of massage therapy.
- b) To represent its members before professional, governmental and regulatory bodies concerned with massage therapy.
- c) To foster and encourage professional growth and high standards of practice among its members.
- d) To liaise with and recommend potential students to recognised schools of massage therapy.
- e) To provide active members with valid liability insurance.

ARTICLE V - **BY-LAWS**

The By-laws of the Association shall regulate:

- a) The duties or rights of members.
- b) The qualifications, terms of admission and financial discipline of its members when necessary.
- c) Powers and function of the executive.
- d) The day to day functioning of the Association.
- e) Guidelines for the disposal of the Association assets on dissolution.
- f) Amendment of the Constitution by the membership with the promise that these said By-laws are not repugnant to or inconsistent with the Constitution of the Association or the laws of the country.

ARTICLE VI - **EXECUTIVE COMMITTEE**

The Executive Committee of the Association shall comprise:

- a) A president
- b) A vice- president
- c) A secretary-treasurer or secretary and treasurer.

d) Up to five directors

e) The immediate past – president

ARTICLE VII - FUNDING

The Association will be maintained by the annual dues paid by each member as provided for in the By-laws and any other monies earned in the promotion of the Association's objective.

ARTICLE VIII - DISSOLUTION OF THE ASSOCIATION

The existence of this Association shall be perpetual unless sooner dissolved by the vote of no less than 75 per cent of the Active Members.